

PATIENT NAME: \_\_\_\_\_ DOB: \_\_\_\_\_  
 PHONE: \_\_\_\_\_ CELL: \_\_\_\_\_  
 ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_  
 ALLERGIES: \_\_\_\_\_ HEIGHT: \_\_\_\_\_ WEIGHT: \_\_\_\_\_ BIRTH GENDER: M \_\_\_\_\_ F \_\_\_\_\_  
 INSURANCE: \_\_\_\_\_ POLICY # \_\_\_\_\_ GROUP # \_\_\_\_\_

*Filled out by Patient*

### SLEEP APNEA SCREENING

Part 1 - Click Y or N

**Y N**

- SNORING**- Do you snore loudly (louder than talking)?
- TIRED**- Do you often feel tired, fatigued or sleepy?
- OBSERVED**- Has anyone observed you stop breathing?
- PRESSURE**- Do you have/being treated for high BP?
- BODY**- BMI more than 35kg?
- AGE**- Age over 50 years old?
- NECK**- Neck circumference >17" or 16" for women.
- GENDER**- gender male?

Scoring Criteria for Obstructive Sleep Apnea (OSA):

Low Risk of OSA - YES 0-2

Moderate Risk of OSA - YES 3-4

High Risk of OSA - YES 5-8

TOTAL SCORE: \_\_\_\_\_

**STOP BANG QUESTIONNAIRE**

Part 2 - How much do you doze off?

0 = Would Never Doze

1 = Slight Chance of Dozing

2 = Moderate Chance of Dozing

3 = High Chance of Dozing

**Chance of Dozing**

0 1 2 3

**Watching T.V.**

**Sitting and Reading**

**Sitting inactive in a public place (i.e. theatre)**

**As a passenger in a car for an hour w/out a break**

**Lying down to rest in the afternoon**

**Sitting and talking to someone**

**Sitting quietly after lunch without alcohol**

**In a car while stopped for a few min. in traffic**

**EPWORTH SCALE**

TOTAL SCORE: \_\_\_\_\_

*Filled out by Physician*

### OFFICE USE ONLY

**CHECK ONE OR BOTH**

SLEEP CONSULT

SLEEP STUDY

**STOP BANG QUESTIONNAIRE SCORE DATA**

Moderate/High Risk of OSA = 3 or Higher

**EPWORTH SCALE SCORE DATA**

Total Score = 10 or Higher

**SECTION A: REASON FOR STUDY** - Please check all that apply below, including a minimum of TWO of the bolded symptoms.

**Hypertension**

**History of Stroke**

**Impaired Cognition**

**Ischemic Heart Disease**

**Mood Disorders**

**Excessive Daytime Sleepiness**

**Insomnia**

Large Neck Size - 17" or greater

Nocturia

Witnessed Apnea

for men / 16" or greater for women

Reflux

Memory Loss

Atrial Fibrillation

Diabetes

Sleep Disturbance

Congestive Heart Failure

Other

Seizures

Depression

**Y N**

COPD

Morning Headache

Is patient on oxygen? Yes No LPM \_\_\_\_\_

**SECTION B: DIAGNOSTIC CODES**

Please check at least ONE that applies.

G47.33 Obstructive Sleep Apnea

G47.10 Other Hypersomnia. Excessive Daytime Somnolence.

**SECTION C: CPT HOME SLEEP TESTING**

Commercial 95800

Medicare G0399

Self-Pay

Referring Physician Name (Printed)

Referring Physician Name (Signature)

**SUBMIT VIA**

EHR SYSTEM

FAX: 352-513-2549

WEB: MHSLEEPTESTING.com